

Welcome to the Four Fold Path

TO RE-ENERGIZE AND RE-ACTIVATE
YOUR SOUL'S MISSION

with Rev. Dr. Temple Hayes

Which Path is Yours?



Self-Inventory/Reflection

Have you always felt different and that you incarnated into this earth for a specific purpose?

Have you always been pushed and driven to create change in your own life and in the world around you?

Have you always chosen the road less traveled in life and at times chosen the unconventional or more difficult way of life?

Are you always changing and growing and wondering why you can never be just complacent?

Do you want to make the world a better place for all?

Do you see dreams as visions – a sacred spiral, a chrysalis, a circular path to growing?

If you answered yes to any or all of these questions than know every dream you envision—being rich or famous, heroic or timeless—are true and necessary.

There is no failure. There is no settling or not being good enough. You are a butterfly for change in the consciousness of your collective soul. You are a **Difference Maker**—you are on a path and on your souls' journey.

Do you know the more your dreams align with nature and the natural flow of life, the more authentic you become? It's how you discover your *true purpose*! In the following booklet read more about Rev. Dr. Temple Hayes' **Four Fold Path** and recognize where you are, and what you can do to support yourself on your life path and soul's journey.

Overview of Four Fold Path

Your journey on the circle of life is a four-fold path: *Sacred Warrior*, *Enlightened Rebel*, *Intentional Spirit*, and *Creative Genius*. It embodies the four aspects of self—spiritual, emotional, intellectual, and physical; the four seasons of your year—winter, spring, summer, and fall; the four directions of earth’s astrology—north, south, east, and west; and the four developmental stages of your time here on this earth—birth, youth, adult, and death.

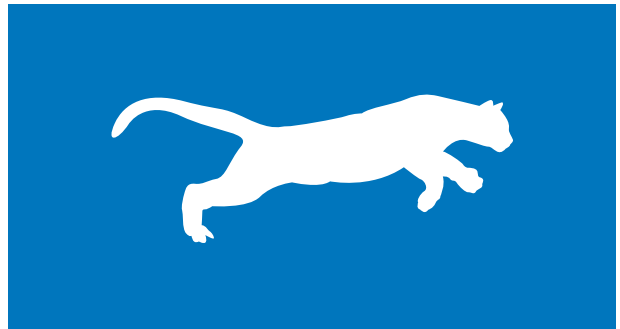
As you read each path, stop and listen to your soul’s whisper. Reflect and listen to your wisdom and inner guidance speaking to you. Journal or reflect on any of your current or past experiences as you read onwards about each of the *Four Paths*.

Which path is yours to step into and what do you need to do to get there?

Sacred Warrior



Intentional Spirit



Enlightened Rebel



Quiet Genius



Sacred Warrior Path

Fusion: Sky

Passion: Fearlessness

Direction: East

Guide: Eagle

Consciousness: We future see
what the now won't say.



*The sky is not the limit; it
is just the beginning of the
Sacred Warrior Path.*

We start in the East with the strength of a mountain below and an aerial view of the endless sky. From here, we step into the now of the present moment. We see farther and with greater distance to gain a clearer perspective of our lives. We understand the mission is greater than our egos.

When we think of sacred warriors, we think of those who can communicate with presence and power—Gandhi, Mother Teresa, and Martin Luther King. Fearless spirits who have shone light on the darkest places. Strong believers grounded in **Truth** who changed the world through the kindness of their actions.

The Eagle guides us as we awaken a higher sense of spirituality and creativity. The color is white, a blank space, a fresh start, and a sacred light. The answers come easily and we are able to work tirelessly to overcome the giant situations in our lives.

The **Sacred Warrior** is always driven by a necessity for change. Because we can see things in a new light, the changes we make on this path are permanent. The **Sacred Warrior** lives in the space of living truth out loud not awaiting special occasions.

If you identify with **Sacred Warrior** then you can focus on the following to activate your soul's mission:

- ▶ Reflect from a mystic point of view
 - ▶ Accelerate alchemy
 - ▶ Create meaningful change
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Intentional Spirit Path

Fusion: Water

Passion: Breakthrough

Direction: West

Guide: Mountain Lion

Consciousness: We are enough.



The road less traveled is not paved with good intentions. It's walked by Intentional Spirits.

The *Intentional Spirit* encompasses the expansiveness of the West because we often find ourselves here when we're in the middle of something—midlife, mid-year, a project, a night, or a crisis. It feels like we're lost in a desert without water wondering where we went wrong. How did we get here?

Instead of looking back to where we began or forward to where we hoped to be, the *Intentional Spirit* looks inward at the patterns we carry and, like the trees in autumn, we let things fall away. All the rules we thought we needed are gone. In this time of introspection and healing, we begin to develop our own principles and values for successful living.

This is a time for leadership. We embody the spirit of a Mountain Lion. We focus our power, our conviction for the greater good. We know when to lead and when to follow.

If you identify with *Intentional Spirit* then you can focus on the following to activate your soul's mission:

- ▶ Be motivated (not devastated) by external forces
- ▶ Become Masters in follow through
- ▶ Invest in life and give before you get

Enlightened Rebel Path

Fusion: Fire

Passion: Transformation

Direction: South

Guide: Coyote

Consciousness: We see the world as whole.



*As an enlightened rebel
you are a rebel with a cause
paving the way for others.*

Who knew anger could be so good for you? The *Enlightened Rebel*, of course. This path is infused with fire and whenever you walk it, you travel to the beat of a different drum.

You are a rebel with a cause paving the way for others. And, when you get to where this part of the journey leads, you understand intuitively the door will open for you. (No need to break it down).

The *Enlightened Rebel* travels South in the direction of summer. Along this path we learn how to live from a full, clear, strong and open heart. We are filled with compassion and fused with fire. The color is red and you are ready to come alive.

Coyote is here to reawaken your childlike wisdom in response to the world and help you find balance in the chaos of life. You'll be reminded not to take yourself too seriously. Simplify your life. And trust anything is possible—but only if you act.

I'll teach your spirit to navigate this path. I will teach you how to ignite the soul fire within and be the change that heals our world. It's easy to walk the path of *Enlightened Rebel*.

If you identify with *Enlightened Rebel* then you can focus on the following to activate your soul's mission:

- ▶ Embrace anger or ignite the fire within?
 - ▶ Align creative energies with childlike wisdom
 - ▶ Dance
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Quiet Genius Path

Fusion: Earth

Passion: Grace

Direction: North

Guides: Whales and Dolphins

Consciousness: We welcome all.



*We are not in ingenious. We are
in the quiet of our genius.*

The **Quiet Genius** is the path of deep imagination. It takes courage and faith to explore these depths and encounter your most profound sense of self—the Truth of who you are—and align with the soul’s intention.

The **Quiet Genius** always keeps the ability to stay in awe like that of a child. The pure joy of welcoming the next moment or next experience. They remain ageless and never grow old.

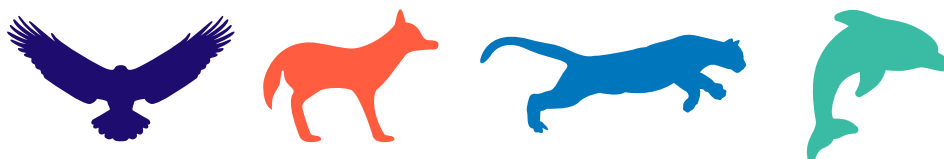
Dolphin and whale accompany us through these often-turbulent waters and help shift our consciousness to a more compassionate world-view. These powerful creatures symbolize the merging of our conscious and unconscious selves and empower us with spirit to be whole and holy bold.

It is in the quiet of our genius that we are ready to receive the Great Mystery of life. Let me show you how to empty yourself and receive the wisdom of our ancient elders.

If you identify with **Quiet Genius** then you can focus on the following to activate your soul’s mission:

- ▶ Dive deep into your soul’s purpose
- ▶ Receive the wisdom of ancient teachings
- ▶ Live Holy and Wholly Bold

Do you know which path you are on and what you need to do to accelerate change and growth and focus on your soul's journey?



To learn more about how you can become your authentic self and step into your path and your souls' path journey please read more about the teachings of Rev. Dr. Temple Hayes at

illi.org

These courses and programs are offered by Rev. Dr. Temple Hayes through the Institute for Leadership and Lifelong Learning International

The End